**Schizophrenia**

Schizophrenia is a serious mental illness characterized by disruptions in thinking, feeling, and behavior. It affects how a person interprets reality, leading to varying degrees of social isolation and difficulties in daily functioning. 

Schizophrenia typically begins in adolescence or early adulthood and can persist for the rest of a person's life. The symptoms can include hallucinations, delusions, disorganized speech, and behavior. These symptoms can be helped through medication and therapy.

**Entertainment Therapy**

Entertainment therapy is a type of therapy that uses creative activities to help people manage their symptoms of schizophrenia. This can include music therapy, art therapy, and dance therapy. These therapies can help individuals express their feelings and thoughts in a safe and supportive environment.

**Embracemental Health**

Embracemental Health is an organization that provides support and resources to individuals and families affected by mental illness. They offer a range of services including support groups, counseling, and educational programs.

**Contact**

Embracemental Health can be contacted at 9-11 Napier Close, Deakin, ACT 2600. They can be reached at +61 2 6285 3100 or embracementalhealth.org.au.
· 57x44 2 | Schizophrenia - Karen

https://www.who.int/news-room/fact-sheets/detail/schizophrenia
https://mentalhealth-uk.org/help-and-information/conditions/

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We would like to acknowledge the traditional Custodians of the land on which we work, live and meet. We pay respect to their Elders past, present and emerging, and extend that respect to all Aboriginal and Torres Strait Islander peoples.

Acknowledging Country