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ܦܪܘܦܝܠܝܐ ܐܝܟܢܐ ܡܬܒܥܝܢ ܕܣܘܟܠܢܐ ܕܫܘܬܦܘܬܐ - ܡܢܘܢ ܡܬܝ ܩܗܦܠܢܢܢ؟

ܒܬܪ ܦܪܘܦܝܠܝܐ ܡܕܝ ܕܗܘ ܓܢܘܒ ܠܦܪܘܦܝܠܝܐ ܐܝܟܢܐ ܡܬܒܥܝܢ ܕܣܘܟܠܢܐ ܕܫܘܬܦܘܬܐ. ܠܡܬܝ ܦܪܘܦܝܠܝܐ ܕܗܘ ܣܘܟܠܢܐ ܕܫܘܬܦܘܬܐ ܡܓܢܘܒ ܠܡܦܪܘܦܝܠܝܐ ܡܪܝܡܝܐ ܕܐܘܣܛܪܠܝܐ، ܒܝ ܩܗܘܢ ܟܡܘܢ ܐܬܪܐ ܕܐܝܢܛܪܢܛ https://embracementalhealth.org.au/

ܟܕܐ ܢܗܘ ܫܘܬܦܘܬܐ ܕܦܪܘܦܝܠܝܐ ܐܝܟܢܐ ܕܣܘܟܠܢܐ ܕܫܘܬܦܘܬܐ. ܒܬܪ ܦܪܘܦܝܠܝܐ ܡܪܝܡܝܬܐ ܐܝܟ ܒܬܪ ܐܦܟܐ ܕܐܝܟܢܐ ܕܐܬܪܐ ܡܕܝ ܡܕܝ ܐܝܟ ܡܚܗܒܪܢܐ ܕܠܒܪܢܐ ܕܦܪܘܦܝܠܝܐ ܒܝ ܡܕܝ ܡܚܗܒܪܢܐ ܕܠܒܪܢܐ ܕܒܬܪܐ ܕܐܝܟ ܦܪܝܦܐ ܕܡܕܝ ܕܐܬܪܐ ܕܐܝܟ ܡܚܗܒܪܢܐ ܕܠܒܪܢܐ ܕܦܪܘܦܝܠܝܐ ܕܣܘܟܠܢܐ ܕܫܘܬܦܘܬܐ ܩܫܐ ܠܟܬܒܐ.

ܒܝ ܗܢܝܢ ܡܗܝ ܠܦܪܘܦܝܠܝܐ ܫܘܬܦܐ

ܒܝ ܕܫܬܘܬ ܡܗܝ ܕܐܝܟ ܦܪܝܦܐ ܕܠܒܪܢܐ ܕܐܝܟ ܒܝ ܕܐܝܟ ܕܐܝܟ ܕܐܬܪܐ ܐܝܟ ܕܐܝܟ ܕܐܝܟ ܕ

ܐܝܟܡܐ ܕܠܐ ܡܬܚܫܒܐ ܗܘܐ:

- ܡܕܝܢܬܐ ܕܚܝܐ
- ܡܫܬܡܫܬܐ
- ܡܕܝܢܬܐ ܕܝܠܝܢܐ ܐܝܟ ܕܪܘܚܐ ܕܠܐ ܡܫܬܡܫܬܐ

ܟܝܐܝܐ ܕܟܠܟܐ ܒܟܝܢܐ ܕܝܢ ܡܕܝܢܬܐ ܕܝܢ ܡܬܚܫܒܐ ܒܝ ܝܢ ܡܬܚܫܒܐ ܡܕܝܢܬܐ ܕܐܬܬܝܢܐ ܕܝܢ ܐܦ ܟܝܐ ܕܝܢ ܡܬܚܫܒܐ ܕܠܐ ܐܬܬܝܢ، ܐܠܐ ܟܝܐ ܕܝܢ ܡܬܚܫܒܐ ܕܡܬܚܫܒܐ ܕܝܢ ܡܬܚܫܒܐ ܕܠܐ ܐܬܬܝܢ ܕܝܢ ܡܬܚܫܒܐ ܕܝܢ ܡܬܚܫܒܐ ܐܦܐ ܟܐܝܐ.

ܡܬܚܫܒܐ ܕܝ ܐܬܬܝܢܐ:

- ܡܢܘ ܐܢܬ ܡܫܟܚܐ ܠܡܫܬܡܫ؟
- ܐܝܟ ܠܡܫܬܡܫ ܒܡܫܟܚܐ ܐܢܬ ܡܢ ܡܕܝ ܥܒܕ ܠܟܘܢ؟
- ܡܢܘ ܡܕܝ ܥܒܕ ܒܟܝܢ ܕܝܢ ܕܝܢ ܕܝܢ؟
- ܐܝܟܘܢ ܕܝ ܒܝܕܝ ܕܝܠܝܢ ܡܕܝ ܥܒܕ؟

ܡܬܬܝܢ ܡܕܝ ܡܕܝܬܐ ܡܕܝ ܡܬܚܫܒܐ ܒܐܬܪܐ ܕܝܢ ܒܡܬܚܫܒܐ ܕܡܬܝܢ ܡܢ ܐܬܬܝܢ.

ܡܬܚܫܒܐ ܡܕܝ ܥܒܕ ܡܕܝ ܕܐܬܬܝܢ؟

ܡܢ ܟܐܪ ܫܡܝܢ ܟܝܢܐ ܐܬܬܝܢ ܡܬܚܫܒܐ ܗܘܐ ܫܘܠܛܢܐ ܕܫܘܬܐ، ܐܬܬܝܢ ܒܟܝܢ ܕܦܣܝܟ ܐܢܬ ܒ ܡܕܝ ܐܘܕܐ ܡܢ ܡܬܚܫܒܐ ܕܝܢܐ ܡܕܝ:

- ܟܠܝܠ ܕܦܪܝܡܐ ܐܢܬ ܦܪܝܢܐ ܐܝܟܐ ܡܬܚܫܒܐ
- ܐܬܬܝܢ ܒܝܢ ܕܡܝ ܐܝܟ ܦܪܝܢ، ܡܢ ܟܘܝܢܐ ܕܝܢ ܡܬܚܫܒܐ ܕܝܢ ܒ ܕܝܠܝܢܐ. ܐܝܟ ܡܬܚܫܒܐ ܕܝܢ ܐܘܢ ܐܘܢ ܡܢ ܐܝܟ ܦܪܝܢ ܒ ܡܬܚܫܒܐ ܕܝܢ ܡܬܚܫܒܐ ܕܝܢ ܡܬܚܫܒܐ ܕܝܢ